

BREAKFAST/BRUNCH

SHOTS PANCAKES & BOWLS

Glorious Pancakes_ 10,9 | 🌱🥜🍯🥛🥬
Banana, caramelized pecan nuts, mascarpone cheese and maple syrup.

Mouth watering Pancakes_ 9,5 | 🌱🥜🍯🥛🥬
Hazelnut and dark chocolate homemade cream and banana.

Healthy Pancakes_ 8,9 | 🌱🥜🍯🥛🥬
Creamy yoghurt, fresh red fruits and a touch of honey.

Simple Pancakes_ 7,9 | 🌱🥜🍯🥛🥬
Eco maple syrup, banana and cinnamon.

Green Pancakes_ 10,5 | 🌱🥜🍯🥛🥬
Avocado, cottage goat's cheese, baby tomatoes, basil oil and and hazelnuts.

American Pancakes_ 11,9 | 🌱🥜🍯🥛🥬
Smoked "ibérico" bacon, with eco maple syrup and egg.

Açaí bowl_ 8,9 | 🌱🥜🍯🥛🥬
Organic acai with guaraná, fresh fruit and homemade granola. Cold.

Yoghurt bowl with banana, homemade granola and dark chocolate_ 6,9 | 🌱🥜🍯🥛🥬

Yoghurt bowl with fresh red fruits, cocoa crumble and hazelnut and white chocolate homemade cream_ 6,9 | 🌱🥜🍯🥛🥬

SWEET CRÊPES

Made with buckwheat flour and vegetal milk.

Black & White mix_ 7,5 | 🌱🥜🍯🥛🥬
Homemade dark and white chocolate creams, toasted hazelnuts.

Small Paradise_ 6,9 | 🌱🥜🍯🥛🥬
Dark chocolate and fresh red fruits.

Classic_ 5,9 | 🌱🥜🍯🥛🥬
Banana, brown sugar, lemon and cinnamon.

SAVOURY CRÊPES

Made with buckwheat flour and vegetal milk.

Mallorquina_ 9,9 | 🌱🥜🍯🥛🥬
"Sobrassada", goat's cheese, honey and nuts.

Nordic_ 9,9 | 🌱🥜🍯🥛🥬
Mascarpone cheese, norwegian smoked salmon, rocket and walnuts.

Bretone_ 6,9 | 🌱🥜🍯🥛🥬
Smoked ibérico turkey and brie.

BAGELS

Bagel with pulled pork, cheddar, mustard and egg_ 6,9 | 🌱🥜🍯🥛🥬

Bagel with avocado, rocket, smoked bacon and egg_ 6,7 | 🌱🥜🍯🥛🥬

Bagel with mascarpone cheese, norwegian smoked salmon and green leaves_ 5,9 | 🌱🥜🍯🥛🥬

Vegan Bagel with hummus, avocado, spinach, baby tomatoes and basil oil_ 5,9 | 🌱🥜🍯🥛🥬

SAVOURY TOASTS

Toast with pulled pork, cheddar cheese, sautéed baby tomatoes, egg and sweet and sour sauce_ 11,5 | 🌱🥜🍯🥛🥬

Toast with "sobrassada", goat's cheese, honey and nuts_ 10,9 | 🌱🥜🍯🥛🥬

Toast with cottage goat's cheese, sautéed baby tomatoes, basil oil and toasted seeds_ 10,5 | 🌱🥜🍯🥛🥬

Toast with ibérico ham, avocado, rocket and toasted seeds_ 10,5 | 🌱🥜🍯🥛🥬

Toast with norwegian smoked salmon, avocado, toasted seeds and hollandaise sauce_ 10,2 | 🌱🥜🍯🥛🥬

Toast with Shots hummus, avocado, baby tomatoes, green leaves, toasted seeds and basil oil_ 9,5 | 🌱🥜🍯🥛🥬

Toast with mascarpone cheese, avocado, baby tomatoes, green leaves, toasted seeds and basil oil_ 9,5 | 🌱🥜🍯🥛🥬

Toast with brie, spinach, egg and hollandaise sauce_ 9,5 | 🌱🥜🍯🥛🥬

SAVOURY BOWLS

With green salad, Shots vinaigrette and toasted seeds. (Add bread bar piece for_ +1)

Ibérico ham, two eggs, avocado and hollandaise sauce_ 7,9 | 🌱🥜🍯🥛🥬

Shots Hummus, baby tomatoes, avocado, two eggs or peanut butter_ 7,9 | 🌱🥜🍯🥛🥬

Smoked salmon, two eggs, avocado and hollandaise sauce_ 7,9 | 🌱🥜🍯🥛🥬

Pulled pork, two eggs, cheddar cheese, sautéed baby tomatoes and sweet and sour sauce_ 7,9 | 🌱🥜🍯🥛🥬

SWEET TOASTS

French Toast_ 8,9 | 🌱🥜🍯🥛🥬
Served with fresh fruit and maple syrup. (Add mascarpone cheese for_ +1,6).

Tori's toast_ 7,3 | 🌱🥜🍯🥛🥬
Peanut butter, banana, honey and seeds.

Sweet Heaven_ 6,9 | 🌱🥜🍯🥛🥬
Hazelnut chocolate homemade cream (dark or white chocolate).
Add a banana for_ +0,5.

Grandma's classics:

Catalan-style toast with: tomato, olive oil and dark chocolate_ 5,2 | 🌱🥜🍯🥛🥬

Catalan-style toast with: olive oil, salt and dark chocolate_ 5,2 | 🌱🥜🍯🥛🥬

Toast with butter and apple compote_ 4,5 | 🌱🥜🍯🥛🥬

* All the bread from our toasts is made with organic flours from the "La Puntual" Bakery in Girona, which serve us fresh and totally handmade bread every day. We have cereal bread (Gluten and Nuts). For gluten-free bread options, consult room staff. The bread may contain traces of nuts and seeds.

SANDWICHES | 🌱🥜🍯🥛🥬

Small_ 2,5 / Big_ 3,9
Cured ham / Smoked ibérico turkey / Cheese / "Fuet"

Small ibérico_ 4,2 / Big ibérico_ 6,5
Ibérico ham

Small hot_ 3,5 / Big hot_ 4,5
Omelette / Smoked bacon

Small vegetable_ 3,2 / Big vegetable_ 4,7
With salad leaves, baby tomatoes and choose between: cheese , tuna or smoked ibérico turkey.

Shots specials:

Exquisit (small)_ 4,9 / Exquisit (big)_ 6,9 | 🌱
With brie cheese, rocket and choose between: norwegian smoked salmon or "ibérico" ham.

The Vegan (small)_ 3,5 / The Vegan (big)_ 4,7 | 🌱
With peanut butter, avocado, salad leaves and baby tomatoes.

Chef (small)_ 3,5 / Chef (big)_ 4,7 | 🌱
With Shots hummus, green leaves, baby tomatoes, avocado and cheese. (Vegan option).

All our sausages are gluten free. The bread may contain traces of nuts and seeds. Consult us for allergies and/or intolerances.

OUR GRILLED SANDWICHES!

Made with Brioche bread.

Pulled pork, cheddar cheese and mustard_ 5,9 | 🌱🥜🍯🥛🥬

Mascarpone cheese, avocado, rocket, baby tomatoes and basil oil_ 5,5 | 🌱🥜🍯🥛🥬

Tuna, cheddar cheese, spinach and baby tomatoes_ 5,5 | 🌱🥜🍯🥛🥬

Smoked ibérico turkey or cured ham and brie_ 4,9 | 🌱🥜🍯🥛🥬

3 cheeses (goat, cheddar and semi-cured)_ 4,9 | 🌱🥜🍯🥛🥬

Shots chocolate homemade cream and banana_ 5,2 | 🌱🥜🍯🥛🥬

EXTRAS:

Egg (+1,6)	Brie cheese (+2)
Hollandaise sauce (+1,5)	Smoked ibérico bacon (+3)
Smoked salmon (+2,6)	Mascarpone cheese (+1,6)
Avocado (+1,8)	Shots chocolate cream (+2)
Goat's cheese (+1,7)	Peanut butter (+1,5)

* **Orders with special options may have an extra cost.**
* **Gluten-free sandwiches and toast have an extra 1,5€ cost.**

COFFEE

Espresso_ 1,5
Double Espresso_ 1,7
Cortado_ 1,6
Americano_ 2,1
Latte_ 1,8

Big Latte_ 2,3
Flat White_ 2
Capuccino_ 2,2
Big capuccino_ 2,6
Glass of milk_ 1,4

+ Extra coffee Shot_0,30.

TEA/INFUSION

Tea_ 2
English Breakfast / Black tea with cinnamon /
Red Tea / Green Mint Tea / White Chinese Tea

Infusion_ 2,2
Liquorice / Red fruits / Passion fruits / Chamomile / Mint tea /
Rooibos / Rooibos with cinnamon and vanilla / Balanced Ayurve-
da (coriander, cinnamon, fennel, ginger, liquorice and carda-
mom).

Fresh Ginger_ 2,2

Fresh Ginger and lemon_ 2,2
If available

+ Extra ice_0,15.
* We have full fat milk, skinny milk, lactose free milk, soya and oats drinks.

COLD DRINKS

Mineral water 500 ml_ 1,7
Vichy Catalán sparkling water 250 ml_ 1,6
Refreshment_ 2
(Coke, Coke Zero, Orange Fanta, Aquarius and Nestea)
Cacaolat_ 2,2
Kombutxa_
Fermented iced tea. Very natural and probiotic!
Check in our front fridge!

SPECIAL DRINKS

Chai Latte_ 3,2
Hot chocolate_ 2,9
Babyccino_ 1,5
Turmenic latte_ 2,9

Matcha tea_ 3,2
(menu a part)
*Recommended with soya or oats drinks.

OUR FRESHLY MADE JUICES

Freshly squeezed orange juice (250ml)_ 3,3
Juice of the day (ask your waiter)_ 3,5

BEERS

Estrella Damm 330ml_ 2,3
Free Damm_ 2,6
Damm Lemon_ 2,4

CRAFT BEERS

We have a few to choose! Check our fridge or ask the room staff!

SWEET SHOTS



dolços
HOMEMADE

Every day we make a wide variety
of homemade sweet products:
muffins, cakes, cookies...

**Check the counter for the sweets
we have prepared today!**

AND ALSO....

Breakfast and Brunch gift boxes and **take-away available!**
We do **caterings** and all sorts of **cakes** for special events.

Talk to our team for more details.

ALLERGIES



- * We offer a range of vegetarian and vegan dishes. We can also adapt some of the dishes to your dietary needs!
- * A lot of our dishes don't contain gluten but they are made in a kitchen with other gluten products. Due to possible cross-contamination we do not serve food to celiacs. **If you're gluten intolerant, speak to us before ordering.**
- * For any allergies advice or special requests please speak to our team, we'll be more than happy to assist you!

COFFEE *Culture* *homemade* *experience*
FOOD WINE

Our providers are all local, so that makes our product really fresh and just chosen for you every day. We wanna offer you the best our land gives us with 100% quality.

We want to make a special mention to Cafès Àgaro, La Puntual, Can Kiku Artesans de la Carn, Granja Armengol, Peixos Puignau, Casa Ametller, Selecció Regisa

enjoy
SHOTS
COFFEE • BRUNCH